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Module Code:	HLT705
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Module Title:	Background and new directions in health, mental health and wellbeing
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Level:	7	Credit Value:	30
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Cost Centre(s):	GAHW	JACS3 code:	100653
		HECoS code:	

Faculty	SLS	Module Leader:	Dr Sharon Wheeler
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Scheduled learning and teaching hours	20 hrs
Placement tutor support	0 hrs
Supervised learning eg practical classes, workshops	0 hrs
Project supervision (level 6 projects and dissertation modules only)	0 hrs
Total contact hours	20 hrs
Placement / work based learning	0 hrs
Guided independent study	280 hrs
Module duration (total hours)	300 hrs

Programme(s) in which to be offered (not including exit awards)	Core	Option
MSc Health, Mental Health and Wellbeing	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Pre-requisites
None.

Office use only		
Initial approval:	20/05/2020	Version no: 1
With effect from:	28/09/2020	
Date and details of revision:		Version no:

Module Aims

As physical and social environments evolve, so too do public health, mental health and wellbeing challenges and how we might most effectively tackle them. Over the past decade, new and emerging threats to health have been issues such as loneliness, air pollution and physical inactivity and in the next these are likely to continue, alongside threats related to climate change and anti-microbial resistance. This module, therefore, will be wide-ranging and forward thinking in its aims and scope. It will enable students to engage critically with the background and context to public health, mental health and wellbeing leading up to the present day, as well as introduce them to contemporary debates and support them to consider future directions for the area.

Module Learning Outcomes - at the end of this module, students will be able to

1	Critically identify and discuss existing and emerging public health, mental health and wellbeing challenges
2	Comprehensively describe and explain the inequalities in health, mental health and wellbeing
3	Demonstrate critical awareness of relevant policy and legislation for public health, mental health and wellbeing
4	Critically debate contemporary and future directions in health, mental health and wellbeing

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
CORE ATTRIBUTES	
Engaged	I
Creative	IA
Enterprising	I
Ethical	I
KEY ATTITUDES	
Commitment	I
Curiosity	I
Resilient	I
Confidence	I
Adaptability	I
PRACTICAL SKILLSETS	
Digital fluency	IA
Organisation	IA
Leadership and team working	I

Employability Skills The Wrexham Glyndŵr Graduate	I = included in module content A = included in module assessment N/A = not applicable
Critical thinking	IA
Emotional intelligence	I
Communication	IA

Derogations
None.

Assessment:			
Indicative Assessment Tasks:			
<p>Individually, students will be required to develop and deliver a 25-minute presentation, with 5 minutes for questions at the end, that addresses the background and new directions in health, mental health and wellbeing.</p>			
Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)
1	1 to 4	Presentation	100%

Learning and Teaching Strategies:
<p>Core aspects of the module will be delivered on a weekly basis in a classroom setting (approx. 20 hours in total), which will be captured via lecture capture software such as Panopto. The software will capture the visual and audio aspects of the sessions and the recordings will be made available on the Virtual Learning Environment (VLE) to all students, alongside directed study. Students will be able to self-select which sessions they will attend face-to-face and which they will access by viewing online. It will be encouraged, but not required, that students attend a minimum of 5 scheduled learning and teaching hours relevant to the module, although they can study entirely online should they choose to.</p> <p>Learning and teaching activities in the classroom and VLE will include lectures, discussions, case studies, simulations, problem-based learning, workbooks, key readings and reflective activities.</p>

Syllabus outline:

Syllabus outline:

The content will be updated regularly to reflect the evolving nature of the public health, mental health and wellbeing landscape, however, indicative content is as follows:

- What matters to us?
- Happiness and wellbeing
- Public health
- Public mental health
- Policy and legislation
- Existing and emerging health challenges
- Inequalities in health
- Climate change
- Advances in technology

Indicative Bibliography:

Essential reading

Eaton, W. and Fallin, D. eds. (2019), *Public Mental Health*. 2nd ed. Oxford: Oxford University Press.

Ratcliff, K. (2017), *The Social Determinants of Health: Looking Upstream*. Cambridge: Polity Press.

Somerville, M., Kumaran, K. and Anderson, R. (2016), *Public Health and Epidemiology at a Glance*. West Sussex: John Wiley and Sons Ltd.

Walker, P. and John, M. (2012), *From Public Health to Wellbeing: The New Driver for Policy and Action*. London: Red Globe Press.

Other indicative reading

Bhugra, D., Bhui, K., Wong, S. and Gilman, S. eds. (2018), *Oxford Textbook of Public Mental Health*. Oxford: Oxford University Press.

Clark, A., Fleche, S., Layard, R., Powdthavee, N. and George, W. (2018), *The Origins of Happiness: The Science of Wellbeing over the Life-Course*. New Jersey: Princeton University Press.

Detels, R., Gulliford, M., Karim, Q. and Tan, C. (2015), *Oxford Textbook of Global Public Health*. 6th ed. Oxford: Oxford University Press.

Knifton, L. and Quinn, N. (2013), *Public Mental Health: Global Perspectives*. Berkshire: Open University Press.

Marmot, M. (2015), *The Health Gap: The Challenge of an Unequal World*. London: Bloomsbury.

Indicative Bibliography:

McMichael, A. (2017), *Climate Change and the Health of Nations: Famines, Fevers, and the Fate of Populations*. Oxford: Oxford University Press.

Public Health Wales Observatory:

<http://www.publichealthwalesobservatory.wales.nhs.uk/home>

Ricard, M. (2003), *Happiness: A Guide to Developing Life's Most Important Skill*. London: Atlantic Books.

Trein, P. (2018), *Healthy or Sick?: Coevolution of Health Care and Public Health in a Comparative Perspective*. Cambridge: Cambridge University Press.

Welsh Index of Multiple Deprivation: <https://statswales.gov.wales/Catalogue/Community-Safety-and-Social-Inclusion/Welsh-Index-of-Multiple-Deprivation/WIMD-2019>

Key Journals:

Community Mental Health Journal
Critical Public Health
European Journal of Public Health
Health & Social Care in the Community
Health Education & Behavior
Health Education Journal
Health Promotion International
Health Promotion Practice
International Journal of Public Health
International Journal of Qualitative Studies on Health and Well-being
Journal of Community Health
Journal of Health and Social Behavior
Journal of Public Health
Journal of Public Health Management & Practice
Journal of Public Health Policy
Mental Health & Prevention
The Lancet
The Lancet Child & Adolescent Health
The Lancet Global Health
The Lancet Public Health
Public Mental Health
Society and Mental Health